

# My Benefits

Benefits at Your Fingertips 24/7

## Accessing benefit information has never been easier

- File Claims
- Check claim status
- Get benefit coverage details
- Review claims history
- Make changes to personal information

## How to Get Access

- Go online to [www.allstateatwork.com/mybenefits](http://www.allstateatwork.com/mybenefits)
- Sign up for access using the secure online registration process. Create a User ID and Password.
- Be prepared to provide your SS#, zip code, and birthdate.
- Need help registering? Just click on "Need Help" in the menu to the right.
- Once registered, full access to all benefits and website is available day or night, 24/7, it's that simple!

To read more about what the **My Benefits** site can offer, see the information on reverse.

## MY BENEFITS

the right tool • your benefits • full access

# My Benefits

Our secure online access offers benefit information 24/7

Below is a quick overview of the **My Benefits** innovative online capabilities

## 1. Online Access 24/7 -

Through online access, upload a claim request, review coverage details, track claim status or update personal information with ease!

## 2. Claims Status and Filing -

Check claims status any time 24/7, instead of calling. Or, file a claim using our online forms submission process and upload all supporting documents. Expedited payment process available by filing online.

## 3. Policy Information -

Print or view policy information, coverage details or certificates on existing coverage. Also review other product options available.

## 4. Update Information -

You can keep your physical address, e-mail address and telephone number up-to-date and accept electronic delivery of documents.

## 5. Need Help? -

The Need Help? section provides a listing of telephone numbers to contact Allstate Benefits, ask a question online, or submit questions through an e-mail form.

**Logon today!** Experience the ease of taking advantage of Allstate Benefits's valuable coverage.

The screenshot shows the Allstate MyBenefits login page. At the top is the Allstate logo and 'Benefits' text. Below is a 'Welcome To MyBenefits' banner with a group photo of people. There are login fields for 'Login ID' and 'Password', and buttons for 'GO IN!' and 'FORGOT PASSWORD'. A 'Have Trouble Logging In?' link is also present. Below the login section are two boxes: 'Not Registered?' with a 'REGISTER!' button, and 'Questions?' with a 'CONTACT US' button. At the bottom, there is a disclaimer and several links: 'Important Info', 'GLB Privacy Statement', 'Terms of Use', 'HIPAA Privacy Statement', and 'Electronic Delivery Disclosure'.

The screenshot shows the Allstate My Claims page. At the top is the Allstate logo and 'Benefits' text. Below is a navigation bar with links: 'Home', 'My Coverage', 'My Claims', and 'Account Settings'. The 'My Claims' section is active. It features a 'My Claims' header with a folder icon. Below is a summary of recent claims activity. A table lists claims with columns: Claim Number, Coverage Number, Service From Date, Insured Name, Claimant Name, Service Provider Name, and Claim Status. The table shows 7 claims, all with a status of 'Processed'. Below the table is a 'Print Page For Your Records' link. At the bottom, there is a disclaimer and several links: 'Important Info', 'GLB Privacy Statement', 'Terms of Use', 'HIPAA Privacy Statement', and 'Electronic Delivery Disclosure'.

Claim Number	Coverage Number	Service From Date	Insured Name	Claimant Name	Service Provider Name	Claim Status
005002143-01	0084020040	11/28/2004	Wilson, Cindy	Wilson, Cindy	1483h060809	Processed
005002143-02	0084020040	11/28/2004	Wilson, Cindy	Wilson, Cindy	Memorial Hospital Jacksonville	Processed
043012013-01	0084020040	08/25/2008	Wilson, Cindy	Wilson, Cindy	Memorial Hosp Jacksonville	Processed
043012013-02	0084020040	08/25/2008	Wilson, Cindy	Wilson, Cindy	1483h060809	Processed
043012013-03	0084020040	08/25/2008	Wilson, Cindy	Wilson, Cindy	Memorial Hosp Jacksonville	Processed
020200093-01	0084020040	08/20/2007	Wilson, Cindy	Wilson, Cindy	Memorial Medical Center	Processed
020200093-02	0084020040	08/20/2007	Wilson, Cindy	Wilson, Cindy	Initial Hospitalization Benefit	Processed



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www.allstate.com or allstateatwork.com.